

**“Once teammates, always teammates” by Charlie Christian.**

**Visit your Web-Sites <fsugymnastics.org><tallahassee tumblingtots.org> Mike Mann, Webmaster**  
(Which also includes all back copies of the FSU Gymnastics Newsletters)

**FSU Gymnastics Records ( <http://www.nolefan.org/summary/index.html> ) Robert Perrone, Webmaster**

**ANNIVERSARIES**

Chick & Jennie Cicio	59 years, 60 in April, 10	Claire Essig (& Dick) Traynor	43 years of marriage
Don & Connie Holder	59 years, 60 in August 10	Nancy Lamb & Bob Durocher	45 years, 45 in Dec. 10
Benny & Carolyn Wallace	56 years, 57 in May 10	Dick & Susie Gutting	41 years, 43 in June, 10
Carmine & Daneen Regna	55 years, 56 in August 10	Bill & Carol Beavers	42 years, 43 in July, 10
Jim & Marlene Jackson	54 years, 54 in July, 10	Terri & Cheri Morris	43 years, in 2010
Don & Patsy Rapp	55 years, 56 in May 10	Wayne & Heather Thompson	39 years, 40 in January 10
Sam & Topsis Bailie	53 years, 54 in June 10	Derek & Nancy Lawler	36 years, 37 in 2010
Jon & Boots Culbertson	52 years, 53 in June 10	Gail & Bill Whitney	37 years, 39 in August 10
Jay (& Ellie) Schwarzman	50 years of marriage	Harmer & Magdalena Weichel	37 years, 38 in December 10
Roger & Tamara Tucker Webb	52 years, 53 in November 10	Andy Anderson & Curtiss Long	35 years, 36 in December 10
Almira (& Jack) Sharp	48 years of marriage, October	Joe & Dottie Taylor	32 years, 33 in September 10
Karsthin (& Lennart) Malmlin	47 years of marriage	Jimmy & Janie Hanks	31 years, 31 in November 10
Beverly & Bill Beaton	49 years, 50 in Sept. 10	Thom & Linda O'Conner	30 Years, 31 in May 10
Yoshi & Haruyo Hatano	45 Years, 46 in Oct. 10	Carrie Englert & Curtis Zimmermann	29 Years, 30 in 2010

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**Plan to attend the 2010 reunion**

**Friday May 21, Saturday May 22 and Sunday May 23, 2010**

**At Barbara Withers' Alligator Point Beach Home**

<b>Jack Miles &amp; Nancy Dye</b>	<b>50-58</b>	<b>← Re. These number"</b>	{Have you ever wondered what these numbers mean? ie "50-58" They are to tell the reader the years you attended FSU.....jmm...}
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<b>Merik &amp; Anna Ceska</b>	<b>55-60</b>	<b>Re: 50th Newsletter</b>	“Dear Jack. My congratulation to Chad for being admitted at School of Business at FSU....How wonderful ! I hope that he also will receive a tennis scholarship. (My two children Michelle and Patrick some years ago graduated from FSU Business School). And next year (50 years since my graduation at FSU- PhD Chemistry) my two grandsons Robert and Richard (I believed you met them during our 2007 reunion) will graduate from FSU (Engineering School). Cannot wait to see you again at our reunion in May 2010! Lot's of good health in the NEW YEAR to you to your wife, Chad and to all FSU Gymnasts..... wishes Mirek”
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<b>Stu Goldberg</b>	<b>58-62</b>	<b>Re: Copy of letter sent to Leigh Heisinger</b>	“ Dear Leigh: Very strange a few months ago in getting a call (message left) from a fellow who ran on and on about 1958, FSU, him (Dave Carmolli), a fellow student, gymnast, trampolinist. As if I wouldn't know who he was.
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The always boosting and lifting you up in the air ten feet or so feeling I have had over these past few years when a call or remembrance like that comes in...is what they say next, when you finally return the call or make contact. "You might not remember me, but I sure remember you."

But how could I possibly not recall those wonderful days at FSU. And of course I can still picture you and Nancy together then. What I do remember about them is that her mom let me use her phone to call an old girlfriend, from the Hermanas Caudillo, Gloria, at the Atayde Bros. Circus, in Mexico. I didn't have a sou, but she trusted and liked me. Gloria had married Aurillio Atayde, the owner's son. I thought maybe Annie and I could go down there and work in the summer.

It was years before you took on the "Wheel of Death," as what I picture it. On the road with a show at a State Fair I met the old guy who did this, Clay Beckett is the name that just jumped into my mind. I can hardly believe it, since I have never thought of this in all these years??? In a box in my garage I know I still have some of the paperwork, brochures, of things he said he had invented, kitchen utensils or something. He was doing this act with the giant wheel and talked to me about going out on the road with it for him. I stepped gingerly into the lower wheel, and this thing felt as if it was going to take off with me inside it. "Whoa!" I said, or something like it. Though' I had done some high moves, from tramp or diving board at Steel Pier in Atlantic City, it was going into the Ocean, not a ten foot pool. So even though a handbalancer and trampolinist, I have always had a bit of acrophobia. Takes a long time for me to become acclimated to high places. Geez, what your name brought up. !

It would be nice to hear your stories. Am at this time recovering from a heart attack, so taking it easy, but have always kept up and worked out nightly at the gym, still turning over and up-ending believe it or not. Until this happened, I would visit my pals Jack and Jeri Kalvan in L.A. and work out at their place. Jeri is the girl who did all the stunts for Kirsten Dunst in the Spiderman films. Check out [www.kalvan.net](http://www.kalvan.net) Until later. Love, Stu “ {Don Rapp would enjoy the "Extreme Juggling" on that website.....jmm}

**Barbara Sheehan Withers** | 54-62 | **Re: 50<sup>th</sup> Newsletter**

“Dear Jack, I just wrote you a long e-mail and somehow I hit the wrong button and it disappeared, so here it is again. Great newsletter! I both laughed (at Bev's story about digging her car out of the snow - I have been there and visited her and know the hills she has to negotiate in Mount Royal) and cried (at all the illness and death) but celebrated (at Chad's news)! So glad he is coming to FSU and I recall what the tennis coach here told us, he could walk on for the tennis team and get a scholarship that way - so let's be positive about that aspect...in the meantime, be sure he knows he can always call me if he needs anything at all while in Tallahassee. Hope you, Nancy & Chad have a wonderful Christmas and a Happy New Year - and, by the way, HAPPY BIRTHDAY, BABY...Love & hugs, Barbara”

**Jimmy & Sanjuanita Janie Hanks** | 52-56 | **Re: An Animal, Bird, Nature story I sent Called “Aussie Love Story” about a wounded white Cockatoo.**

“Loved this Jack. I have a yellow neck Amazon parrot who'll talk your head off. He's over 27 years old. Never a sick day in his life. Thanks...Jim”

**Jack Miles & Nancy Dye** | 50-58 | **Re: Above....."One for the birds" .....and their keepers.**

“Jim: I have two huge cages outside...8'x8'x8' with about thirty finches. I recently had over a hundred-forty. I started with four birds about seventeen or more years ago. But, I recently donated most of them to a guy from Miami who sells them at Flea markets. He makes cute small cages which he sells with the birds. It was getting too expensive to feed them all and very little market for the inexpensive Society Finch type...including some pure whites. Hardly ever lost a Finch, even in Hurricanes...they are hardy and charmers. And as you probably know "Societies" are nurses and care keepers of other Finch's young and eggs. Hardly ever lost a Finch in the outside cages, even in Hurricanes. (Have you ever seen a dead bird after a Hurricane?.....me neither) We have had several parrots but gave them away as gifts. They were too loud & demanding....even bossy.

I actually started with a 6'x6'x7' cage in the sun room and it was the home for my very expensive exotic finches .... Cordon-Bleu, Gouldians (Over \$5,000 worth) but through the years the expensive birds died and were very hard to breed and maintain.

I also have a pair of white doves who I have had for about 17 years now. The female has an injured right wing and looks OK but she hasn't flown for years. I think she got hurt when frightened by Raccoons and Possums who try, but cannot get into or under, my cages at night. The male we call "Joker" because whenever he lands he let's out a low "Ho, Ho, Ho". For years he has flown around the porch and lands on my head, shoulder or arm. He is so totally unafraid of humans even pursues their company. The female is timid, but is very relaxed when you pick her up and hold her. I can't count how many offspring's they have had through-out the years but we sold them, or exchanged them for seeds, at bird stores.

I have caught/rescued at least eight exotic birds including Parakeets & Parrots. They are attracted to my bird cages. When they land on a branch, cage, or fence I spray them with a misty/fog like spray of water from the hose and they shake the accumulated drops off and take a gentle bath. Then I slowly increase the water force until their wings are saturated with water. I follow with several blasts which knocks them fluttering down to the ground....even some time from a tall tree. I cover them with a towel to pick them up and so far have been able to return them all to their owners - no reward, just a handshake and a hug. I use the towel as protection, because some are really pissed off at me...One brightly colored Amazon and two grays were included in those captured. The Amazon was huge with tail feathers which almost touched the ground when I carried it. Nuff Sed, Jack”

**Charlie Christian** | 55-57 | **Great news from Charlie**

“Dec. 22 2009 marked the 6th anniversary of 4 successful by-passes. Something good comes from every life experience, provided you only take the time to look for it. It messed up my 2003 Christmas for a few days but I am so thankful for modern medicine! 2009 also marks the third year since I began treatment for bladder and prostate CA and I am now in remission and rejoining!”

**Jack Miles & Nancy Dye** | 50-58 | **From my Brother Bob**

“Don't you wish you could do it all over again?” Bob Miles

**Stu Goldberg** | 58-62 | **Subject: My answer to Leigh H's great letter.**

“Jack, What I got off to Leigh. Thanks for putting us in touch.”

“Dear Leigh:What a wonderful tale of life, remembrances and surprises. You got off from your heart a history of adventure, camaraderie, achievement, love and heartbreak such as few folks ever experience.

Thanks for getting in touch with me. It always makes one feel ten feet taller when hearing something like "we sure remember you,"when old friends try to get in touch with each other. In sympatico w/you re the torn rotator cuff, as both of mine went one after the other around 2000, but I was not smart and didn't have any operations at the time. Major regrets on that decision. Wiped out my one armers on either arm. As you see, I was always in shape and working out, still up-ending and turning over.

Serious congratulations on finding companionship so late again in life. Of all my regrets the raging forward energy that kept me From pairing off with any one of many sensational and lovely ladies, this one was the most pungently felt all through these remaining years. It's hard to be alone. So many years pass to finally learn "Por Que Soy Tan Estupido"

My left ear went in 2000, an Acoustic Neuroma," so wear an aid in the right. At least it allows me to still play the guitar and enjoy that. Still balance the spoon on my forehead, duck my head and catch it behind my ear, in nightly gym workouts.

The one you've gotta love....My lifelong habit of stretching and warming up prior to using any of the machines....am used to the Schwarzenegger types who come up often and ask, "How old you?" (now 77). But one night after a young Oriental fellow was standing there watching me intently through this ritual, He came up and said to me..."Your body moves like water."

What a statement ! Pure ZEN. I loved it. So that's it for the nonce. Will send along some snaps as I learn how to use the computer. Stay in touche. Love, Stu"

**Benny & Carolyn Wallace | 51-55 | "Merry Christmas from the Wallace's**

"Old farts of yesteryear:: A note to wish you and yours a Merry Xmas, etc. You already know about

our travel since I probably sent a few photos. As for statistics, I am 78 until April and Carolyn passed 75 last October. I will have been retired for 35 years in April and we will celebrate our 57th anniversary in May. As for our bodies, I am ugly, Carolyn is not. We tire easily and use that as an excuse for doing nothing -- except to eat out a lot.

Bad news: Unlike all others in the world, our children and grandchildren are only average and not particularly attractive or successful. Even so, we're proud of them for being so unique. Good news: We have only long term CD's and had no money in the stock market so we can easily afford the buffets. And the lines aren't very long anymore "during these hard economic times!"

Avoid owning dogs, boats or airplanes, but get to know someone who has a pickup truck and you will be happy. Benny and Carolyn"

**Carrie Englert & Curtis Zimmerman | TTT | Holiday Greetings**

"Merry Christmas and Happy New Year's Ya'll.

It is always humbling to be reminded it really takes so little

to feel so blessed. And now, more than ever, less is more.

Despite a curve ball year, overall life has been amazing. Clain and Cole are 100% off our personal payroll. Clain built a home in Bull Run and Cole breaks ground on his in two weeks, so Ox Bottom appears to be our center point. Curtis, though, is still quite bewildered about their passion for hunting and fishing since it is completely incongruent with his New Jersey upbringing. Cade just turned 14, towers over me and is armed with a quick wit and incredible athleticism. (I allow Curtis to believe Cade inherited these traits from him). And, our beautiful granddaughter provides a great excuse to buy pink and purple girly things, even though they are batting gloves.

Curtis and I celebrated the big 30 this next year, so I am starting to believe this marriage may work out.

The challenging business environment energized Curtis and my competitive spirit and translated into a surprisingly incredible year at the agency. We have been very fortunate to have nearly 150+ talented people who make us look wildly smart. Of course, virtually every vacation attempt has been either interrupted or totally thwarted (goodbye New Zealand trip right after Christmas), but we did manage to sneak in the Super Bowl, World Series (Yankee Stadium), NBA Finals with courtside seats, TPC golf tournament, World Cup soccer match...and some skiing in Utah and fishing in Abaco. Okay, so maybe a lot of very quick getaways.

This has not been a great year for many people, so our family is incredibly grateful.

Curtis and I appreciate your friendship and your patience with us not always taking the time to be great friends:)

I truly believe the upcoming year will be blessed, in many ways, for all of us. My best. Carrie"

**Jack Miles & Nancy Dye | 50-58 | Motivation**

"Hi: Twenty years ago I was doing motivational seminars and I came up with an idea very similar to this one. There were usually about 40 people in the class

(Who had never met each other before) and so I gave them all forty pieces of paper each (3x5 cards cut in half) On the first day of the eight week program I instructed them to stand up one at a time and simply say their name and one sentence about themselves, a greeting, or anything.....then sit down and then the next person would stand, etc..

I instructed everyone to write that person's name on the card and write on that card "what positive aura or image or thought that person projected to you". I collected all the cards and sorted them for the following class where each person got his or her forty cards with their name on them and their positive projected image. The people were so joyously taken back by their cards, that several years later they still talked about them to me. As a matter of fact, several said they still have them and had even had one a day stuck on their refrigerator so they could start off the day with a warm feeling.

One of the most amazing observations I was able to make after seeing them all is how many people said the same thing about the same person. This happened many times. There was one girl where 36 out of the 40 said the same thing, "Pretty, friendly".....and another said "Funny, nice"....."Smart", So, it seems whatever we radiates to one ...we radiates to the majority.

Several people used the idea in their schools and programs. Whenever I see something like you sent. I wonder if it hand been passed on or someone else came up with the same idea.....Jackie."

**Don & Connie Holder | 51-57 | Re. Fish pictures I sent to Don & Connie**

"Jack, Thanks much for the fish pics, they are outstanding to say the least. By the way, Terry, son

no. two is still diving these cold days despite the frigid weather. Triple layer wet suits help somewhat, still the hands and face feel like ice.... all this to satisfy his customers who could care less. He dives the Keys 4-5 days a week and delivers the sixth and sometimes on Sunday. What people wont do to survive. Don